

NESHAMINY YOUTH WRESTLING CLUB

THE PINNER

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WINTER BREAK

Due to construction at the high school, Neshaminy students have an extended break this year (12/22 /07– 1/7/08). **There will be no youth practices at the high school during the winter break.** With our first official meet of the season scheduled for January 5th, 2008 at Neshaminy Middle School, it is important that each parent check the website during the break for any updates or information, Www.neshaminyyouthwrestling.com. It is also to your benefit to sign up for our “free” calendar which will notify you via email regarding any changes that may take place.

IMPORTANT REMINDERS

Unless arrangements have been made, please make sure that all of the requirements listed below have been met for your child/children:

Registration fees - \$80/1st child, \$55/2nd child, \$25/3rd child, Free/4th or more OR \$300 in sponsorships

Singlet Deposits \$55.00 – please note that these checks are not deposited unless your child's singlet is not returned at the end of the season.

Copies of all wrestlers birth certificates - these can be given to Tom Farley at practice.

All of the above criteria has to be met before your child can participate in NYWC meets beginning January 5th, 2007.

IMPORTANT DATES:

- *Monday, December 17th, Coach Mike Ortman*
- *Wednesday, December 19th, Best of Bucks*
- *Sunday, December 23rd, Contender at the Cross Tournament*
- *Saturday, December 29th, Council Rock Tournament*
- *Saturday, January 5th, NYWC vs. Academy Park*
- *Wednesday, January 23rd, Picture day*



GUEST CLINICIAN MONDAY DECEMBER 17, 2007

NESHAMINY HIGH SCHOOL HEAD COACH MIKE ORTMAN

Coach Ortman will be in the room Monday night presenting his high school system. He will be bringing along some of the high school wrestlers with him. Coach Ortman was a 3 time NCAA Division III National Qualifier at Ursinus College where he was the all-time career win leader in wrestling. Coach Ortman was inducted into Ursinus' Hall of fame in 2006. In addition to wrestling, Coach Ortman was also a three year football varsity starter at Ursinus. This is a good chance for the kids to meet their future coach.

BEST OF BUCKS DUALS WEDNESDAY DECEMBER 19TH, 2007

The "Best of Bucks" is being held at Neshaminy High School on December 19th. Neshaminy High School will be hosting the four biggest programs in Lower Bucks County on one stage utilizing two mats. Neshaminy High School will be wrestling Council Rock North at 6:00 PM and CR South at 8:00 PM. As a reward for all the youth wrestlers hard work so far, they can attend the matches for free. We will be down one mat, so **there will be no practice this Wednesday.** This is a chance for them to see what they can aspire to one day. The matches take place in the gym under where we practice.

CLUB SPONSORED TOURNAMENTS

The Contender at the Cross Tournament December 23rd, 2007

Holy Cross High School
5035 Route 130 South
Delran, NJ 08075

We are sponsoring another tournament, which will be held Sunday, December 23rd. This is an open tournament (not novice) so the competition will be stronger. All matches will be one 3 minute period. Whenever wrestlers move out of bounds or reach a stalemate, they will be returned to their feet.

If you are interested in attending, you must turn in \$10, a completed registration form, and a copy of your son's birth certificate by 12/20/07. Copies of the form will be available in the tournament book, or they can be downloaded from our website.

The 24th Annual Council Rock Indian Open December 29th, 2007

Council Rock South High School
2002 Rock Way
Holland, PA 18966

Again, this is an open tournament, therefore, the competition will be stronger. It is full double elimination. Trophies will be awarded for 1st, 2nd, 3rd, and 4th place finishers. All matches will be three one minute periods. Club sponsored registration for this tournament must be submitted by Monday, December 17th along with \$12.50 (half of the registration fee) /per wrestler. Copies of the form will be available in the tournament book, or they can be downloaded from our website

NEW SINGLETS



Here's a preview of what our new singlets will look like. They are due in the beginning of the new year, so please make sure to check our website over the break regarding when you can pick your child's up.

VOLUNTEER

We would like to thank all of you who volunteered this past weekend at our scrimmage against Council Rock. There is a lot involved when it comes to hosting a meet, whether it be rolling out the mats, helping at the scoring tables, or giving a hand at the snack stand. All of your time and work is greatly appreciated, home meets would not be possible without the volunteer help. We are hosting our first meet on January 5th, 2008 at Neshaminy Middle School, if you are able to help out, please email NeshaminyYouthWrestlingClub@verizon.net or see one of the representatives during practice.

SAFETY AND BEHAVIOR

The behavior of our children and parents reflect on our organization greatly. Please make sure that your children are looked after during all club events. For their safety, please make sure that they do not run around under any bleachers. Parents, if you have any concerns, please contact either a club representative or one of the coaches so that we can handle the issue appropriately.

When your child arrives at a scrimmage or match, they MUST check in with Wayne White, our attendance coordinator, immediately. If they can not locate him, there will be a sign in sheet at the snack stand. This will insure that each child get a match and help Wayne coordinate attendance.

KEN CHERTOW'S WINTER BREAK TRAINING CAMP

We are planning on taking a group of wrestlers to Ken Chertow's Winter Break Wrestling Camp for three days (likely 12/28 - 30). Ken Chertow is a nationally renowned former Olympian who is dedicated to the development of youth wrestling. My boys have been to several of his camps and I can attest that his staff and system is impeccable, and every time they have attended his camp, they have left as better wrestlers.

The camp is held in a hotel in State College, PA. The hotel has an indoor pool, restaurant, and arcade. There are mats in at least four different large conference rooms. Parents are welcome to video tape or assist on the mat at each session. The camp is hard work, but also a fun bonding experience.

I highly recommend the camp for the older wrestler looking to get to the next level, but there will be a beginner father & son group as well. We have established a good relationship with Ken, and he is offering us a substantial discount. The cost is \$250 for the three day, two night stay at camp, but the discount grows as our group grows, so if you think you might be interested, please contact me at ekisselback@bensalem-township.org as soon as possible, so I can get a final price. He would like us to send all applications and checks by Dec. 16th. For more information, contact me or check out <http://kenchertow.com/camps/wbtc/index.html>

PRE-SEASON SCRIMMAGES

With two pre-season scrimmages under our belt, we are pleased with the results.

In our scrimmage against Hopewell Valley and Truman, there were over 150 matches wrestled, and we won exactly 50.6%. Those who attended the parent meeting will remember that this was our goal. We want to match each individual child as equally as possible so each time they wrestle, they have a chance to win, but only if they do their very best. The boys did an excellent job applying what they just learned.

Saturday was another great day of wrestling in our scrimmage against Council Rock. There were over 100 matches wrestled. Those who attended the parent meeting will remember that we will try to match each child as equally as possible so that each time they wrestle, they have a chance to win, but only if they do their very best. With it being so early in the season, we are glad to see that the children are doing a great job applying what they have learned so far.

Our cheerleaders also had a great day showing everyone what they have been working so hard at. Way to go girls.

We are in a new league this year, and hosting a pre-season scrimmage was a great way for us to try out the new program. We were able to see what worked for us and what didn't work, so that we can make sure our meets during the regular season run as smooth as possible.

SPONSORS

NYWC would like to thank all those who have become a sponsor of our organization. To date, 34 in all. Please make sure you utilize their services. For a complete list, visit our website and click on sponsors.

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The Pinner is written by all volunteer submissions. If you'd like to have an article printed, have results from a tournament you'd like to see printed, or have questions about *The Pinner* please send them to jpistix@verizon.net or NeshaminyYouthWrestling-Club@verizon.net. The deadline for the pinner is Sunday night at 9 PM.

WE'RE ON THE WEB!

WWW.NESHAMINYOUTHWRESTLING.COM

EMAIL:

NESHAMINYOUTHWRESTLINGCLUB@VERIZON.NET