



# Neshaminy Wrestling Club Season Opener Wrestling Clinic Master Series

Attend one clinic for \$50, or all three for \$120!  
(Half off for currently registered Neshaminy Wrestling Club members.)

Held at the Neshaminy High School wrestling room  
2001 Old Lincoln Highway Langhorne, PA 19047

Limited to 40 wrestlers, so sign up ASAP.  
For more information on the Clinics, visit our web page at  
[neshaminyyouthwrestling.com](http://neshaminyyouthwrestling.com)

(Check each clinic below that will be attended)

\_\_\_\_\_ November 14<sup>th</sup> Ruslandbek Madjinov 10am – 4 pm

Ruslandbek (Ruslan) Madjinov served three years as an assistant coach with the American University wrestling team (2004-07). He has earned numerous impressive credentials in the world of international wrestling. Madjinov has amassed nine years of coaching experience with the Kyrgyzstan National Team. As a wrestler, he uses a unique style and is known as one of the best technicians in the international freestyle community. In the 1999 Asian Championships, Madjinov took second place. In 1998 he took fourth at the World Championships and came in second at the Central Asian Games. From 1989 to 1995, Madjinov finished first in the Kyrgyzstan National Championships. In 1989 he placed third in the USSR Juniors, captured first in the 1991 USSR Cup, and fifth in the 1992 Seniors. A native of Kyrgyzstan, Madjinov currently resides in Bucks County and has recently taken over the reigns as the head instructor of the Neshaminy Wrestling Club.

\_\_\_\_\_ December 12<sup>th</sup> Ricky Bonomo 10 am – 4 pm

Ricky Bonomo was the greatest wrestler in the history of Bloomsburg University. For three straight years (1985-87), Bonomo won all of the major events on the schedule, capturing the NCAA Division I title, along with the Eastern Wrestling League (EWL) title and the Pennsylvania State Athletic Conference (PSAC) title at 118 pounds. He was named the EWL and PSAC Wrestler of the Year all three of those seasons. Bonomo's career record was a stellar 116-12-3. Ricky and his brother Rocky were the first twins to win Pennsylvania state titles side-by-side in 36 years when they won Class AA titles for Lake Lehman High in 1981. Rocky was also an All-American for Bloomsburg, making the Bonomo brothers the most feared lightweight tandem in college wrestling at the time. Last year Bonomo was inducted into the National Wrestling Hall of Fame.

\_\_\_\_\_ December 19<sup>th</sup> Dale Bonsall 10 am – 4 pm

Professor Dale Bonsall wrestled for West Chester University where he was 38-14-1 and fourth in the Pennsylvania State College Conference championships his senior year. Bonsall, who was co-captain of his senior teams in high school and college, has been involved in wrestling for over 40 years. Following graduation from WCU in '61, Bonsall coached seven years in the Haverford (PA) School District, with five of those seven teams undefeated. He was an assistant coach at West Chester University for 17 years, helping produce one All-American and three East Coast Conference championships. He was head coach at West Chester in 1987 before the university dropped the sport. Bonsall was director of the Foxcatcher Junior Program (ages 7 to 23) in Newtown Square, PA starting in 1987. His teams won two national AAU championships and numerous scholastic freestyle championships. His 1993-94 Team Renegade produced five Eastern AAU champions and won three team titles in scholastic competition. Now a Renegade himself, Professor Bonsall travels the country as a highly sought after clinician. He is an inductee in both the Pennsylvania and National Wrestling Halls of Fame.

---

### Make Checks Payable to "Neshaminy Wrestling"

Wrestler's Name \_\_\_\_\_ Phone# \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone # \_\_\_\_\_

Weight \_\_\_\_\_ DOB \_\_\_\_\_ Team \_\_\_\_\_ Email Address \_\_\_\_\_

Address \_\_\_\_\_

**In consideration of my child's registration, I hereby declare that I understand the inherent risk in contact sports, and he/she participates at his/her own risk, and will not in any way hold liable the clinicians, coaches, organizer, sponsors, participants, or Neshaminy School District for any injuries or losses sustained while competing in or traveling to or from the Neshaminy Wrestling Clinics.**

Parent/Guardian Signature \_\_\_\_\_