



# Neshaminy Wrestling Club Season Opener Clinics

Attend one clinic for \$50 or both for \$90.

(Half off for currently registered Neshaminy Wrestling Club members.)

Held at the Neshaminy High School wrestling room  
2001 Old Lincoln Highway Langhorne, PA 19047

Limited to 40 wrestlers, so sign up ASAP.

For more information on the Clinics, visit our web page at [neshaminyyouthwrestling.com](http://neshaminyyouthwrestling.com)

**October 30<sup>th</sup>**

**10am – 4 pm**

**Nate Galloway**

Nate Galloway was one of the greatest high school wrestlers Pennsylvania ever produced excelling in both the American and international styles. He was a three time PIAA AAA State Champion and two time National Champion at Fargo. He was the 2000 Fila Cadet National Champion and World Team Member. His banner year was two years later when he won his third PA State title, and went on to win the Senior National title at the NHSCA's. Nate was named the Outstanding Wrestler at both events as well as the National High School Coaches Association Wrestler of the year. Nate continued his success in college both at Penn State and Rider University where he qualified for the NCAA's all four years and placed at the Big Ten Championships three of those four years. Nate has developed his coaching as a featured clinician at Ken Chertow's Gold Medal Camps, and has recently signed on as a part-time assistant at LaSalle College High School.

**November 13<sup>th</sup>**

**10 am – 4 pm**

**Andy LaCroix**

Andy LaCroix enjoyed a decorated career as both a high school and collegiate competitor. In high school, Andy won three state titles and two New England titles. He continued his winning ways in college, while wrestling for Roger Williams University. He attained NCAA All American honors finishing 3rd in the national tournament in 2006. Andy registered a collegiate career record of 97-20 establishing seven school records along the way. After graduating from Roger Williams, he stayed on as assistant coach for two years. Andy was selected as the New England College Conference 2009 assistant coach of the year. Last year, Andy left Roger Williams University to pursue a career as an English teacher and assistant wrestling coach at Wyoming Seminary Preparatory School. In addition to the work that he has done with the Roger Williams and Wyoming Seminary programs, Andy works around the nation as a clinician and camp administrator for Ken Chertow's Gold Medal Wrestling Camp program.

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**Make Checks Payable to "Neshaminy Wrestling" and send to 5 Albert's Way Langhorne Pa. 19047**

**Wrestler's Name** \_\_\_\_\_ **Phone#** \_\_\_\_\_

**Emergency Contact Name** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Weight** \_\_\_\_\_ **DOB** \_\_\_\_\_ **Team** \_\_\_\_\_ **Email Address** \_\_\_\_\_

**Address** \_\_\_\_\_

**Any medical conditions coaches should be aware of:** \_\_\_\_\_

In consideration of my child's registration, I hereby declare that I understand the inherent risk in contact sports, and he/she participates at his/her own risk, and will not in any way hold liable the clinicians, coaches, organizer, sponsors, participants, or Neshaminy School District for any injuries or losses sustained while competing in or traveling to or from the Neshaminy Wrestling Clinics.

**Parent/Guardian Signature** \_\_\_\_\_